



MAPP-Net

Montana Access to Pediatric Psychiatry Network



MONTANA
CHILDREN'S SPECIAL
HEALTH SERVICES



This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$2.2MM with 25% financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.



**Stacy Luke
Program
Specialist
State of
Montana**

Montana Access to Pediatric Psychiatry Network

Grant Overview

- 5-year grant awarded in September 2018 by HRSA
- Funding received by the Children's Special Health Services section in the Family Community Health Bureau at the Montana Department of Health and Human Services

Our Contracts

Rural Institute at University of Montana

- Needs assessment
- Data collection and reporting

Billings Clinic

- Facilitate Project ECHO
- Staff the Access Line

Project ECHO

- Extensions in Community Healthcare Outcomes
- Hub-and-Spoke model developed by the University of New Mexico for peer collaboration and education

The Hub – Billings Clinic

- Expert panel including a Child and Adolescent Psychiatrist, a Psychotherapist, a Psychiatric Pharmacist, and a Resources Specialist
- The panel presents a 15-25 minute didactic on a predetermined topic specific to pediatric mental health
- Examples of previous topics include:
 - ✓ Complex Trauma
 - ✓ Early Onset Psychosis
 - ✓ Substance Use Disorders

The Spokes – Participating Providers

- Primary care and behavioral health providers across the states of Montana and Wyoming
- Providers can present a de-identified case for consultation to receive feedback and suggestions from their peers around the state and the expert Hub panel
- Providers are welcome to suggest topics of interest for future sessions!

Access Line

What It Is

- Toll-Free number available from 8:30 AM – 4:30 PM, Monday – Friday
- Primary care providers can call with general or case-specific inquiries to consult with a Child and Adolescent Psychiatrist from Billings Clinic

What It Isn't

- Not an emergency line
- Not available 24-hours
- Not provider-to-patient telepsych

Access Line

How It Works

Primary Care calls
the toll-free
number

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graph LR; A[Primary Care calls the toll-free number] --> B[Billings Clinic Call Center staff will collect demographic information specific to the inquiry]; B --> C[A psychiatrist will return the provider's call within approximately 30 minutes];
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Upcoming

Pediatric Mental Health Symposium

- March 12-14th Grouse Mountain Lodge Whitefish

Outreach

- Site visits to share and gather information
- AmeriCorps VISTA will be participating in Project ECHO via site visits

Telehealth Discovery

- AmeriCorps VISTA working with MAPP-Net for a year-long service term. She will be working on identifying telehealth services in Montana through site visits and information gathering as part of the grant requirement to have a telehealth referral database.

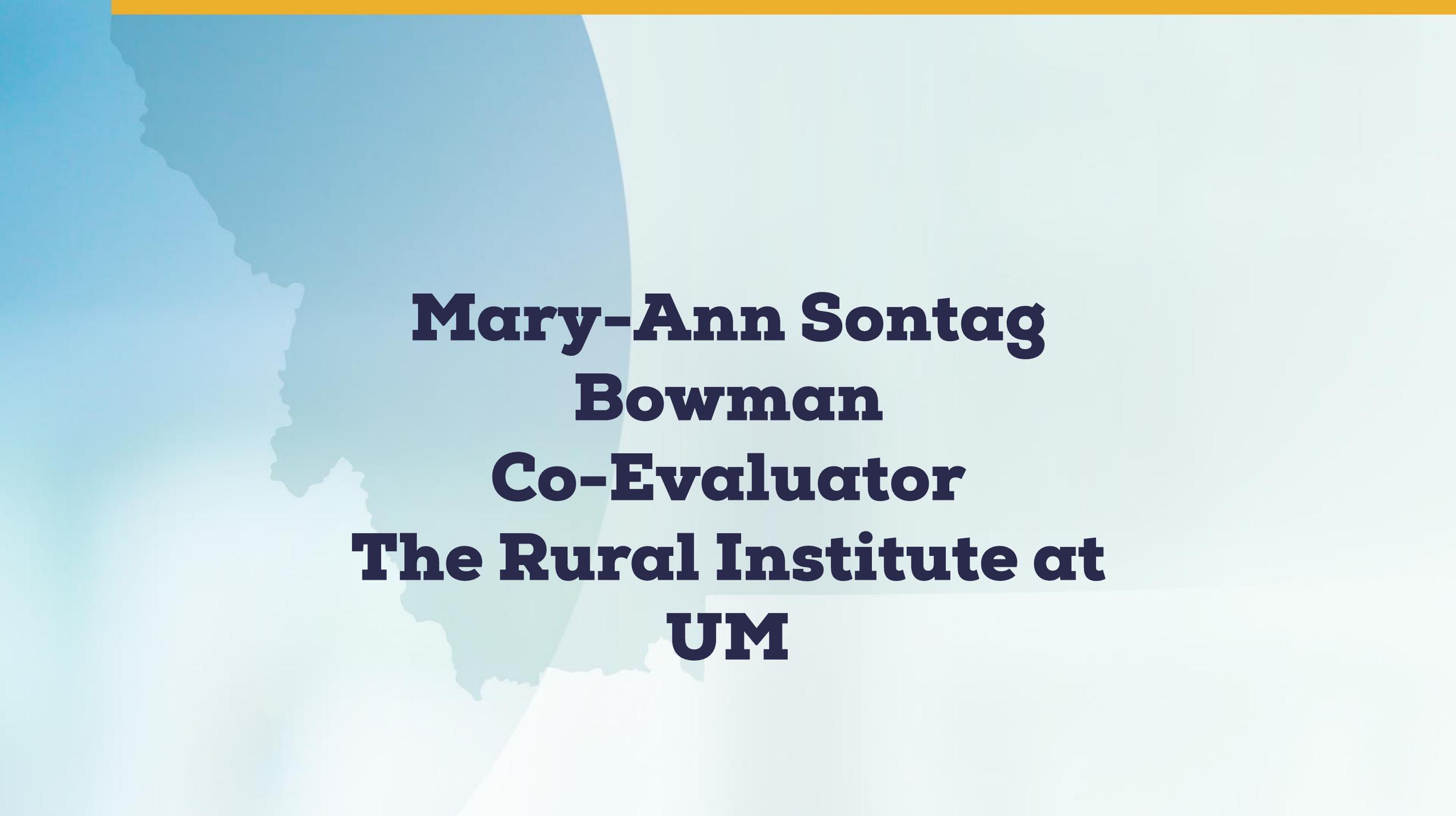


Kim Hart
Program
Coordinator
Billings Clinic

Resources

Website - www.mapp-net.org

- Project ECHO registration and content
- Project ECHO Curriculum
- Events
- Access Line information
- The Bright App mental health services directory
- Clinical pathways/care guides/toolkits
- All things MAPP-Net!



**Mary-Ann Sontag
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Co-Evaluator
The Rural Institute at
UM**

Needs Assessment

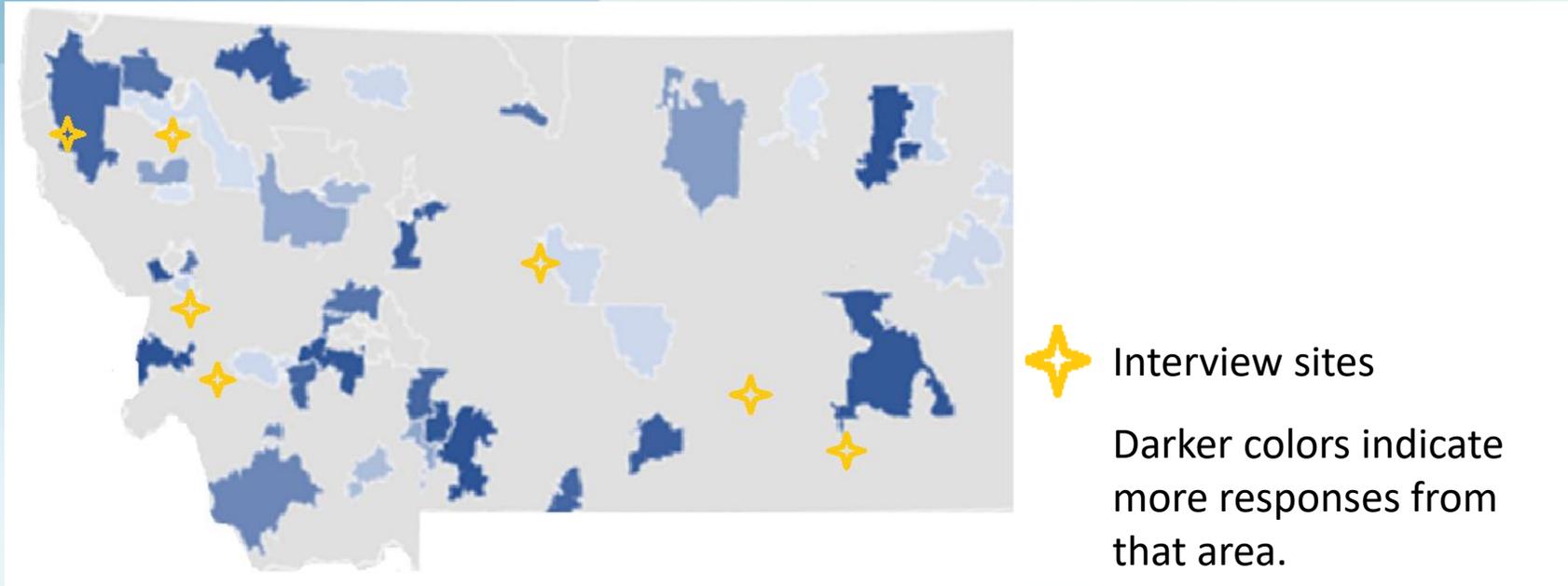
Purposes

- Assess perceptions of pediatric and adolescent behavioral and mental health needs
- Understand provider confidence in meeting needs
- Identify existing resources

Methodology

- Two online surveys
- Respondents: 121 Medical Healthcare Providers and 178 Mental Health Providers
- Seventeen key informant interviews

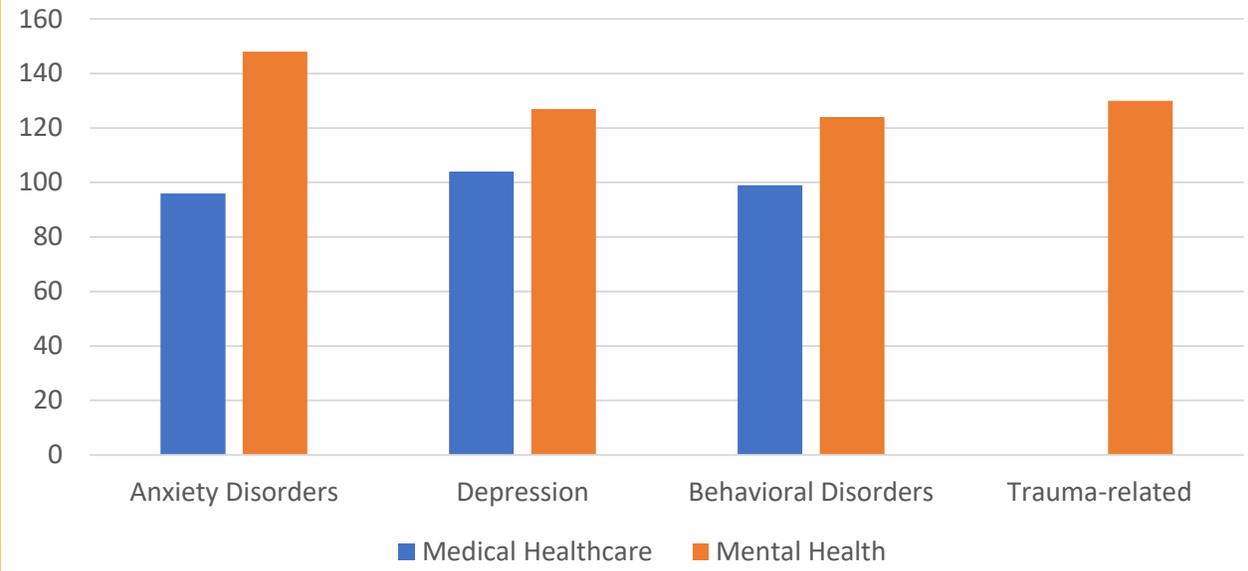
Survey Responses by Montana Zip Code



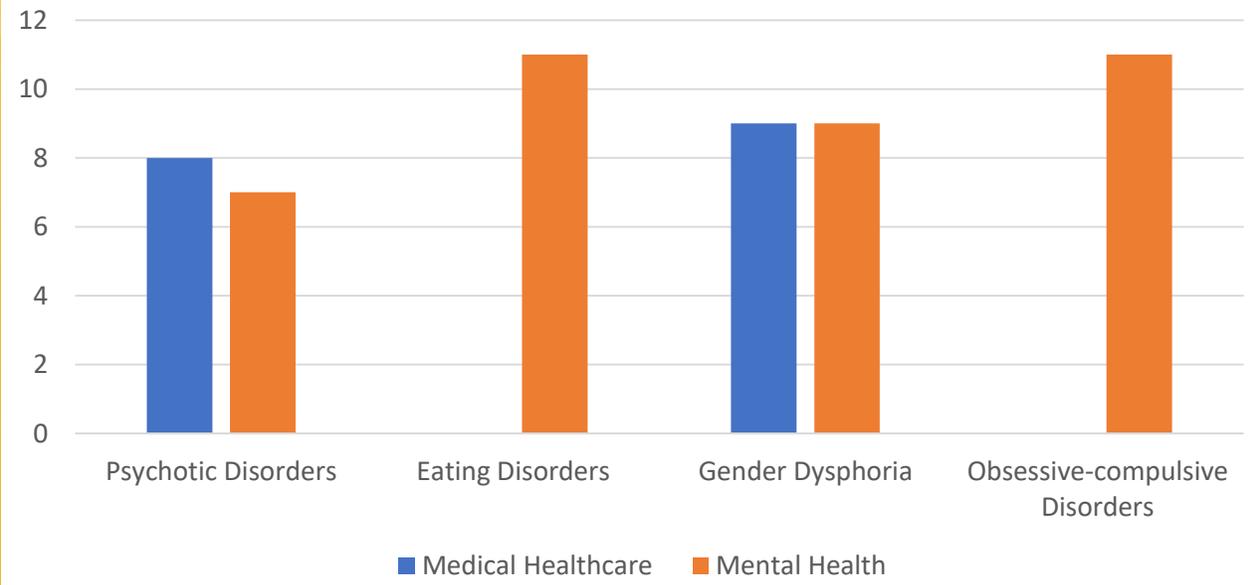
Survey Options for Mental Health Diso

- Anxiety Disorders
- Autism Spectrum Disorder
- Behavioral Disorders
- Depression/ Depressive Disorders
- Eating Disorders
- Family Conflict
- Gender dysphoria
- Learning Disabilities
- Obsessive-Compulsive Disorders
- Psychotic Disorders
- Sleep Disorders
- Substance Use Disorders
- Suicidal Ideation
- Self-Harm
- Trauma-Related Disorders

Most Common Mental Health Issues Seen



Least Common Mental Health Issues Seen



Response to Needs: MAPP- Net

- Project Echo
- Access Line



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