

January 2019 Resources of the Month

UCCCN Website

Medical Home Portal

Dear UCCCN members and interested parties,

Here are your Resources of the Month:

Brainstorming:

Case #1--from Carrie Martinez--17 yr old w autism, nonverbal, in a foster home, OK'd for 4 hours of Friday evening community service, needs 2 trained people to accompany. How to identify the companions? He can be violent so they would need training. It is unclear who would provide the training.

Services Category: Disability Related Employment Programs

<u>Office of Rehabilitation Transition Services, USDR</u> Vocational Rehabilitation's Transition Services includes complete evaluation covering aptitude, academic skills, medical, psychological and vocational evaluation; arrangements for pre-vocational and personal adjustment training. <u>MHP 11456</u>

Case #2—from Heather Castor—a transitioning senior in high school, affable, pretty, hi functioning autism, blind in one eye; mom is looking for an after-school day treatment, and also wants to get started on getting a job, as a greeter, for example, in a more social setting; student has a case worker with DSPD.

Services Category: After School Programs

<u>CTA Community Supports</u> For children and adults with autism and/or developmental disabilities, respite and after school and summer programs for youth. <u>MHP 10546</u>

Services Category: Vocational Education

<u>Student Transition and Youth Support, USDR</u> Termed Pre-Employment Transition Services or Pre-ETS, USDR partners with members of the school, family, and/or IEP team, as well as other adult service agencies to support eligible transitioning students with disabilities. A counselor is assigned to every school district in Utah. <u>MHP 32569</u>

Office of Rehabilitation Transition Services, USDR Student Transition Services include: Counseling and guidance, Transition coordination, Disability evaluation and assessment, Restoration & disability treatment, Job training & placement supports, Work based training experiences, Education & training, Supported Employment, Work adjustment & life skills training, Career exploration assessments, Assistive technology, Social Security Work Incentive Planning, IEP meetings & technical assistance, Job Readiness Workshops (at your school). <u>MHP 11456</u>

Case #3--from Heather Castor--A 12 yr old boy, mentally disabled, with drop seizures, g-tube, ADHD, autism, Kearns/West Jordan area. Physical therapy is not working well, he gets stiff; looking for aquatic therapy.

<u>Services Category: Disability Related Sports</u> <u>Kearns Oquirrh Park Fitness Center</u> Classes offered: Adaptive aquatics. <u>MHP 33004</u>

Services Category: Physical Therapy

Swim Access Aquatics with Liz Eagan—Aquatic physical therapy for youth with special needs. <u>MHP</u> <u>33003</u>

<u>Sandy Physical Therapy and Aquatics</u> Aquatic physical therapy in a warm water pool, as well as traditional physical therapy. Aquatic group fitness classes. <u>MHP 33005</u>

Disclaimer: These resources come from our members as part of the meeting brainstorming session; please check with your providers to make sure they are appropriate for your patient/families.

You can find a custom list of these service providers that can be printed, emailed, and more, here: UCCCN Resources Jan 2019

Announcements:

From Greg Hawkes—**James Mason Recovery** is looking to hire a therapist, to work with teens, and in groups; needs a Master's level degree or higher.

From Eric Christensen—Integrated Services Program is considering submitting a couple grants, statewide.

For autism and disabilities, family navigators to serve as technical support for families with autism.
A pediatric mental health care access program using telehealth, involving psychiatry, an LCSW or psychologist, and a Care Coordinator.

Presentation: Services provided by Safe and Healthy Families, PCH and the Children's Justice Center, Dinah Weldon, MPA, Director; Kari Cunningham, LCSW - Mandatory Reporting of Abuse, Neglect and Dependency

Dinah Weldon, MPA, Director

For children who have experienced abuse and neglect, PCH, a level 1 trauma center, houses Safe and Healthy Families for children and youth and their families who may have experienced sexual abuse or acute sexual assault.

Medical-related child abuse may include over-utilization or neglect. The Center sees 120/year for inpatient. They offer same day, next day, after-hours, and also a 24-hour provider by phone. Utah is unique in having statewide services with satellite clinics operating in Children's Justice Centers where therapists help kids heal emotionally. 14 of 22 Children's Justice Centers (CJC) have a Safe and Heathy Families nurse practitioner and RN. Doctors are also involved. The attorney general's office funds these satellite offices.

- Identify sentinel events, next time could be lethal.
- Child Abuse physician is a specialty, a 3-year fellowship program; 5 work at the Center.
- Incidental Purpose: evidence collection. Medical is a priority, then evidence, and emotional healing.
- Resources for parents include a *medical social worker*. Parent often more distressed than child. Teach calming exercises, and provide therapy going forward.
- Forensic interviewer—CJC does the forensic interview with Nurse Practitioner.

My Body Belongs to Me a picture book for age 8 and younger, also good for children with disabilities

For Care Coordinators:

- If suspect abuse—contact CJC in your area; if medical concerns, Safe and Healthy gets involved.
- Time frame in making referrals is within 5 days, 3 days for a pre-pubescent child. In addition, on-call mental therapy.

Kari Cunningham, LCSW - Mandatory Reporting of Abuse, Neglect and Dependency

Kari is a former DCFS employee, now hospital-based for 20 years. Referenced Utah State laws: physical, sexual, neglect, child endangerment, environment neglect (being around drugs), dependency (no fault of parent, but unable to care for child). What's not considered abuse: immoral or illegal behavior, hygiene, child acting like she's been abused. Decisions are always a team approach, a group decision.

- Utah law says any person with reason to believe may report to Child Protective Services (CPS).
- If child has experience of not being believed, they won't tell again. Crucial to believe them.
- In a clinic, person who has direct knowledge makes report to DCFS, ideally. Report can take

15-20 minutes, so Care Coor. May attribute report to doctor's name and phone, so case worker has a contact.

- Is there a time frame? For police yes. *Disclosure* is time of reporting, not time of incident—may be subject to statute of limitations.
- Children's Justice Center can advocate for police follow-up.
- Law enforcement together with case worker can access school information. School is not required to report to DCFS.
- Religious ethics—depends on young person's belief.

PPT slides from presentation: https://ut.medicalhomeportal.org/link/7055

<u>Safe and Healthy Families, Primary Children's Hospital</u> The Center is a team of doctors, nurse practitioners, registered nurses, forensic nurses, medical social workers and child therapists who are trained to work with children who may have been physically and/or sexually abused. <u>MHP 22279</u>

<u>Children's Justice Center, Salt Lake County</u> A children's advocacy center that provides coordinated services for children and their families during the investigative process of child abuse complaints, including: crisis intervention, forensic interviews in child-friendly interview rooms, trained interviewers, specialized medical exams via Primary Children's Medical Center staff housed on-site, and advocacy services. <u>MHP 10535</u>

Other:

Our next meeting is **Wednesday, February 20, 2019** at the USU Taylorsville site, on the topic of **Infant Mental Health**.

Here is our <u>UCCCN YouTube Channel</u> of archived meeting recordings and the link to the <u>January</u> 2019 meeting recording.

Please Save the Date! The Utah Children's Care Coordination Network's 2019 Spring Learning Session will be held on Wednesday, March 20th, 2018, from 8:30 – 11:30 am at the SLCC Miller Campus in Sandy. Our topic is "Legal Issues and Services for Families with Children and Youth with Special Health Care Needs."

Mindy and Tay

Mindy Tueller, MS Manager, <u>Medical Home Portal</u> Facilitator, <u>Utah Children's Care Coordination Network</u> Department of Pediatrics University of Utah <u>mindy.tueller@utah.edu</u> 801-213-3920

Tay Haines Portal Services and Resources Coordinator Medical Home Portal Department of Pediatrics University of Utah <u>tay.haines@utah.edu</u> 801-587-1464

Medical Home Portal | UCCCN | 801-213-3920 | mindy.tueller@utah.edu | Medical Home Portal

STAY CONNECTED

